

Southern Comfort



Gaited Horse Club

November, 2011

Officers

President – Phil Carroll

Vice President – Sandy Young

Secretary – Kellie Case

Treasurer – Dottie Green

Committees

Trail Rides – Audrey Hult

Sunshine – Kathy Haynes

Membership – Sharon Prindel

Education and Clinics – Nya Bates, Sandy Young

Ways and Means – Dottie Green

Historian/Newsletter – Margaret Carroll

Website – Kathy Johnson, Margaret Carroll

Liability Insurance – Nya Bates

Calendar – Linda Hamilton

WELCOME

To new members
Connie Gilroy
and Mel Hoadley

WELCOME BACK

John Franden

Congratulations to Nya Bates all to all
who helped with the 2nd Annual Playday.
It was a great DAY and everyone had fun,
fun fun!!!!!!!!!!

Comments on the PlayDay in the
newsletter. .

Next Meeting

Monday, November 14 at Sandy Young's home, 6800 E. Greenhurst Road, Nampa ID 442-9445 or c. 867-4084. Directions to Sandy's home: From the intersection of Greenhurst Road and Robinson Road turn east on Greenhurst. Go approximately 1/2 mile and turn north onto a private drive. This private drive is the first drive to the north when driving east from the Greenhurst/Robinson Road Intersection. 6:30 PM, potluck, bring your favorite dish, 7:00 sharp meeting begins.

Planning for Southern Comfort's Holiday Party and start thinking about nominations for next year's officers.



HAPPY BIRTHDAY

November 4 – DeeDee Smith
November 6 – Victoria Jensen

From Lori Moore

Though I was not able to participate as an exhibitor, I did show up to support those who were exhibiting. My observation was that the second annual SCGHC Playday was a perfectly run event and everyone involved deserves a huge pat on the back. In fact, it was run better than many of the horse shows I've been to over the years. I heard nothing but positive feedback from every exhibitor I spoke with. Good job everyone!

From Sharon Prindel

What wonderful feed back from Lori. I never heard a complaint from any of the exhibitors. I did want to let you know that one person I spoke to that did not come thought she had to pay \$30 for one class. I don't know if the flyer was worded like that last year because I wasn't involved but I thought you should know in case something like that could have been the reason for the lower participation. I had a great time seeing old friends and meeting new ones. Margaret I hope I didn't abandon you too much, I know I was like a rubber ball yesterday. Thanks so much for a great time.

Calendar

November

Turkey Hunt, Western Riding Club, TBD

14

Club Meeting 6:30 Social & 7:00 Meeting, Sandy Young

December

Christmas Party , Barb Recla

Sandy Young "The Hay Lady"

6800 E Greenhurst Rd, Nampa, ID 83686 208-442-9445 hm

or 208-867-4084 cell/text

My focus is to serve the hay customer who is interested in **high quality horse hay**, as well as the grower who is interested in producing it and standing behind it. All our hays are **guaranteed** unless otherwise specified. Our hays are priced fairly so that our growers can make a fair profit and have the incentive to stay in business and keep producing hay. I offer a large variety of hays that include: **Timothy, Teff, Orchard A Mixed Grasses Alfalfa/Grass mixes and Alfalfa Straw & Certified Hays.**

I am a Hay Hut dealer: www.hayhuts.com

We offer **delivery** in any quantity by the retriever, by hand with truck and trailer or by semi-load. You may also come and pick it up yourself at our place. I keep samples and a small quantity of hays at my place so you can shop in one spot and pick out what will work best for you

Please keep us in mind anytime you need hay.

I will always try to have hay available, even if I have to import it from out of state.

The following is an article written by Sandy Young and published in the October issue of Just Horses.

The Origin of Southern Comfort Gaited Horse Club

Southern Comfort started in 2002 as a gaited horse drill team. For the next 6 years they gave exhibitions featuring a variety of gaited horses performing in parades, drills and demonstrations. In 2009 the drill team morphed into a gaited horse club recognizing a need for an organization for gaited horse riders and owners. We now sponsor varieties of events including camping trips, trail rides, training clinics, and fun days. Future plans call for any equine activities interesting to members. Perhaps we may even drill again.

Southern Comfort Gaited Horse Club is for people who love sound, naturally gaited horses of all breeds, want to learn more about them, have fun, and meet other people who share these goals. We promote activities highlighting the smooth ride and versatility of our gaited horses. Pursuits include trail riding, competitions, shows, exhibitions, clinics and many other equine activities. Owning a horse is not a requirement to be a part of the club!

Upcoming events include our annual Poker Ride on October 1 at Eagle Island State Park. A portion of the proceeds will benefit the ID Humane Society Rescue Ranch. Please come and have some fun and help support the riding trail system at the Park. The next event will be a Fun Show on October 29th at Birt Arena in Nampa. It will include rail classes for gaited and non-gaited horses, extreme trail class & game events.

We are often asked what makes a "gaited horse" "gaited? The various breeds of gaited horses are genetically wired in such a way that they have extra gaits, (Paso Corto, Largo, Fino, Paso Llano, Sobeandando, Running

Walk, Fox Trot, Rack, Amble, Pace, Tolt, boken pace, Huachano, Stepping Pace, Single Foot, Troche, Batida, Trote, Picada, etc.) in addition to the standard ones most of us are used to, that give the rider a smooth comfortable ride with no bouncing. They perform these gaits naturally, without the need for artificial enhancement. Thru long patient training, it's possible to refine these gaits so that the horse develops the muscle and nerve memory and stamina to perform them consistently for long periods of time and on que.

There are more than 30 gaited breeds that include: Paso Fino, Peruvian Paso, Tennessee Walking Horse, Missouri Fox Trotter, Rocky Mountain, Kentucky Mountain, Icelandic, Spotted Saddle Horse, Saddlebreds, Mangalarga Marchador, McCurdy Planation, American Curly, Racking Horse, Tiger Horse, Walkaloosa, Spanish Mustangs, Florida Cracker Horse, Gaited Morgans and several others.

So do each of these breeds each have different gaits from one another? Yes and No. One breed might call their gait one thing and another may call the same gait by another name. There are some basics to recognizing gaits that will take much more room to explain than what this article will allow. I would invite anyone interested in learning about gaits in more detail, to join us at one of our club functions or horse expos in which we present information, videos and live demos. But one thing all of these breeds have in common, regardless of what you call the gait they are

performing, is that they move in a way that the rider will experience a smooth no bounce ride that will allow them to float down the trail or while doing anything else that any other breed of horse can do. These breeds are versatile, athletic, smart, beautiful, colorful, personable, wonderful temperaments and they are SMOOOOOOTH!!!!

There is a gaited breed of horse for everyone that is interested. Find the one that works best for you needs and you will wonder what took you so long to discover them.

Please contact our club for information on the breeds and local events. There is much information on the internet and in books, for those interested in researching the breeds. One outstanding book that goes into great detail is by Barbra Weatherwax, "The Fabulous Floating Horses". If you are interested in this book, you may contact Nya Bates at 495-1606. Visit Southern Comfort's website at www.gaitedhorseclub.com.

Sandy Young sent this report of the lessons at her house with Lawrance Valdez on Sunday October 30th.

"The lessons with Lawrance [this morning](#) were a hit!!! We had three riders and a few auditors attend. They asked for more lessons and were also interested in a clinic with him. In addition to covering what each rider wanted to address, we also covered some show ring etiquette and rules so that the next time any of them show, they will know what is proper and also some hints about details that will place them above others if there are ever tie breakers needed.

So I plan to bring Lawrance up again for more lessons, but will need a minimum of 10 riders and max of 15.

Cost is \$30 for a 1 hour group lesson. His private lessons are \$80. A one day clinic is \$100."

Club member Sharon Prindel has her horse LeVante for sale**FOR SALE****LeVante El Amador**

Beautiful all black registered Paso Fino gelding foaled May 29, 2004. He stands 14.2 hands and weighs approximately 900 lbs. LeVante has had 4 months of traditional Paso Fino training and participated in an Alberto Sierra clinic. He has 3 ½ years of high mountain trail riding, camping, high line, bridges, water, bikers, backpackers and dogs. He has over 60 hours of trails this year has very nice gaits and is fun to ride. I've taken him through a Mountain Trail course and he would make a wonderful competitive prospect. He will side pass and turn on the forehand and haunch. He has great bone and very nice confirmation. He is current on shots, worming and teeth. He stands nicely for the farrier and vet. He loads well in the trailer but does paw some. Recommend intermediate rider. \$3750

This horse is located in Eagle, Idaho



Contact numbers:

Cell 208-850-5579,

Home 208-938-7788



From Sandy Young

I will ditto this. I also want to express my thanks to the 4-H club. The food was amazing !!!!
 Oh and how about our announcer in the afternoon, Desirai. I never heard so many chicken jokes/comments that were so perfectly delivered during the chicken race. And I appreciated Lawrance Valdez donating his time to come and help judge. Nice to have both Nya and Lawrance there. See you all in a couple weeks at my place. I'd love to have a real feast for everyone to munch on for the pot luck. Our own [thanksgiving](#).
 Happy Trails

From Jan Gibson

It certainly was a "fun" fun show with friendliness & praise all around from our judges, fellow exhibitors, and all nvolved.....Thanks for the memory!!

From Kristi Adams

Hey, thanks for the fun day, weather was great, and I got to do more then 8 classes. :)
 Wish more people had showed up like last year, maybe next year we can drum up more people.

Horse Activities - Calories burned per hour:

ACTIVITY:	For 130 lb person:	For 155 lb person:	For 190 lb person:
Shoveling	354 cal/hr	422 cal/hr	518 cal/hr
General Horse Riding:	236 cal/hr	281 cal/hr	345 cal/hr
Riding horse at the walk:	148 cal/hr	176 cal/hr	216 cal/hr
Riding horse at the trot:	384 cal/hr	457 cal/hr	561 cal/hr
Riding horse at a gallop:	472 cal/hr	563 cal/hr	690 cal/hr
Horse Grooming	354 cal/hr	422 cal/hr	518 cal/hr
Baling hay/cleaning barn:	472 cal/hr	563 cal/hr	690 cal/hr
Shoveling Grain	325 cal/hr	387 cal/hr	474 cal/hr
Fencing	354 cal/hr	422 cal/hr	518 cal/hr
Polo	472 cal/hr	563 cal/hr	690 cal/hr
Hiking, cross country (if your horse is hard to catch...)	354 cal/hr	422 cal/hr	518 cal/hr
Brisk walking 4 MPH	236 cal/hr	281 cal/hr	345 cal/hr
Walking, carrying 15 lb load:	207 cal/hr	246 cal/hr	302 cal/hr

The following is an excerpt from the article in The Independent, on November 1, 2011 for those who do not live in Eagle or Star. There were six pictures highlighting the day.

Eagle Island welcomes back Southern Comfort's Poker Ride

By Mickie Park

Eagle Island once again hosted the annual poker ride on horseback Saturday, October 1st. Riders from all over the valley grabbed their hats, put on their boots, and headed out for a day of fun, prizes, and good ole' barbecuing.

Dottie Green and her husband John of Eagle have been riding Eagle Island's horse trails for years. About five years ago, when the planning committee for the future role of Eagle Island State Park was in the development stages, trails for horseback riding were eliminated. That's when Dottie and her family along with the assistance of Southern Comfort Gaited Horse Club, worked together to inform and educate the Eagle Island Park Planning Committee about the local horse owners' interest in preserving the trails for equine use.

Today horse lovers from all over the valley still appreciate the opportunity to ride at Eagle Island. Each year the annual poker ride brings awareness to the park, raises funds to help maintain the trails and, with their additional proceeds they earned this year, were able to help fund the Idaho Humane Society Rescue Ranch.

Ranch Coordinator Diane Tolley was on hand during the day to share rescue stories with many of the riders, visitors and volunteers. Proudly, Diane indicated 90% of their rescued horses are adopted back out and end up being excellent horses.

110 riders participated in the poker run, their morning ride ending with a barbecue provided by Southern Comfort Horse Club, followed by the raffle drawing and prizes for the winning poker hands. Southern Comfort Gaited Horse Club members and the many local riders would like to say thank you to all the sponsors and local businesses that donated to this great event. For more information on Southern Comfort Gaited Horse Club please visit their website at

www.gaitedhorseclub.com.

Photo by Ashlynn Thompson

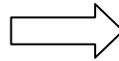




⇒ Roughriders Poker Ride, Wilson Creek
October 15 – Deb Haake, John Franden,
Jan Gibson and Phil Carroll



Andriette Goudreau on Luna
Playday, October 29, Al Birt Arena



Sue Harwell on Suns Merry Cimmaron
Playday, October at Al Birt Arena
WINNER of the Costume Class



Jan Gibson on Contessa
Playday, October 29, Al Birt Arena

