

Southern Comfort



Gaited Horse Club

May, 2013

2013 Officers

President – Shawnda Kasma
Vice President – Phil Carroll
Secretary – Deb Haake
Treasurer – Margaret Carroll

Committees

Trail Rides – John Franden
Sunshine – Sue Harwell
Membership – Jan Gibson
Education and Clinics – Nya Bates, Sandy Young
Ways and Means – Shawnda Kasma
Newsletter – Margaret Carroll
Website, Calendar – Margaret Carroll, Barb Recla
Liability Insurance – Nya Bates

Welcome New Members Teresa Ruth and Janet Zandersmith

This and That

- ✚ Bike De-Spooking WRC, May 5
- ✚ Gait Clinic/Playday, Al Birt Arena, Sunday, May 12, free to all Southern Comfort members. 9:00-5:00
- ✚ Next meeting, May 13, at Sunrise Café, Middleton. 7:00 pm
- ✚ Spotlight for May- Sue Baughman
- ✚ Lawrance Valdez Video, Expo
- ✚ Updated calendar, Please send me any dates for the calendar in the newsletter and on the website. **I have listed Trail Rides according to John's schedule but some may be combined with other rides as time goes on.**
- ✚ Hidden dangers of old tires
- ✚ Spring Trail Ride Photos

Next Meeting



*May 13, Sunrise
Café Middleton,
Idaho, 200 E. Main
St. 585-9700.*

*Meeting at 7:00 PM,
come earlier if you
want to eat.*



Happy Birthday

May 3 – Anne Martin

May 7 – Linda Hamilton

May 19 – Margaret Carroll

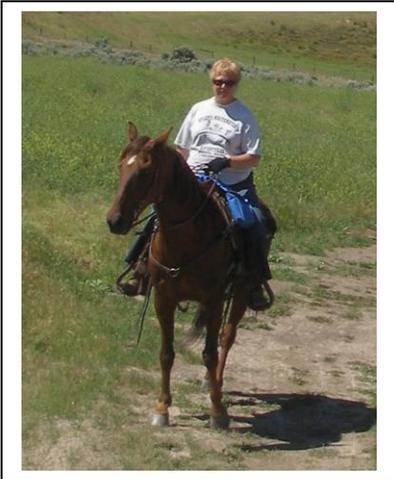
May 22 – Melody Martin

Expo 2013

This video was taken at the Idaho Horse Expo in Nampa - the Breed Challenge. Lawrance Valdez (trainer in Rupert) and Chenille de Ventura (Jan Gibson bought her from a Paso farm in K.City) who Lawrance got from her a couple of years ago. She and Lawrance are such a wonderful team...you can tell how bonded they are....it was wonderful!! (Jan you aren't prejudiced are you?) Control, click on the URL below to see the video)

http://www.onetruemedia.com/shared?p=122a8ca335c285a2fa3c761&skin_id=701&utm_source=otm&utm_medium=email

Spotlight - Sue Baughman



Hi, my name is Sue Baughman. I work at St. Luke's Mountain State Tumor Institute. I work Mondays thru Thursdays from 8am until 430pm. I am a unit secretary and act as a go between the doctors and the nurses. I transcribe the doctor's orders. In other words if the Dr orders it I make sure the nurses know and I order any tests needed. I have worked for St. Luke's for 24 years. I started out in the staffing office and staffed all of St. Luke's down town for all shifts. I then moved to pediatrics and peds ICU then later moved to MSTI Boise. When they opened St. Luke's Meridian my boss asked me if I would help her open Meridian so moved there which is closer to home. It is really nice working there and I am only 10 min. away from work.

My mother and father bought me my first horse at age 15. Her name was Ginger. She was an older sway backed quarter horse mix. We were renting a house across the street from our one acre lot where my father was building our house at the corner of Cole and Victory. The grass was tall and she ate all the tops off the long grass and got colic. The vet was out and put Epsom salt down her and oil and we walked her all night leading her out the window of the pickup. She died about 5am that morning. We learned a few things about horses after that. About 6 months later, mom and dad bought me another horse. I was then 16 years old. She was quarter horse and thorough bred mix. She was 8yrs old and her name was Ginger too. I took a few riding lessons from Ray Padgett who we bought the horse from and he became our farrier.

I joined a 4H club learned about horses then later joined the Eh-Capa bareback riders. I had a lot of fun doing that and I learned a lot about horses. Wayne Stear, was the leader, of Eh-Capa Bareback Riders. He was the person who originally started the club with a few kids riding in his back yard. Back then, it was not the rich kids club. We would ride our horses from home down to the fairgrounds for practice which in those days was off of Fairview between Curtis and Orchard. Can you believe we rode that far to practice every Saturday!! We had no horse trailers back then. I can remember that Ruthy Patterson had the farthest to ride off of 5mille and Overland. A gang of us would usually meet up at Cole Rd. between Franklin and Overland and continue down the Canal bank to Borah then across Franklin to Liberty and behind West Jr. High then on over to the Fairgrounds. Practice usually lasted about 3hrs. When we would get done we would go over to the A &W Root Beer on the corner of Curtis and Fairview to get something cold to drink. I remember one of the girls horses used to drink pop

out of the bottle. Later, after the fairgrounds were moved to Garden City, we went to Wayne's house and practiced which was on 5 mile between Victory and Overland.

Only three people in the club had horse trailers. All the rodeos we went to we hired Chertudi trucking to truck our horses to the rodeos and back. We went to Hagerman, and alot of the small towns. The parents would take turns taking a car full of kids to whatever town we were performing. Now we never stayed in hotels. What was that HOTELS?? We stayed at the fairgrounds and slept in our sleeping bags and didn't think about wondering off during that night because there was always a light sleeping adult that would catch us trying to wonder off to see what the boys were doing in that town. Now we did have boys in the club, two were Wayne's sons and one other boy. Lots of times after performing we would get back to Wayne's house about 2am or 5am and our parents would come with the car and follow behind us real slow with their headlights shining on us so that anyone coming could see us but being in the country there wasn't that much traffic.

Once we went to Pocatello. That was really fun, my girlfriend and I weren't able to get a ride with any of the parents down as they were all full so we took the train down. Here we were in the middle of the desert broke down on the train. Oh, and while we were broke down in the desert we were able to get off the train and play in the desert. Well they finally got it fixed and we were on our way again. The thing that made the train bearable was the dining car. We spent most of the trip down in the dining car. We found a ride with one of the parents back home. They were taking two college students back to College so had room on the way home. Our biggest performance was when we performed at Faraget State park in northern Idaho and were guests at the World Boy Scout Jamboree. Now there were some guys. We stayed there at the College dorms so had pretty nice digs.

During the summertime I would ride my horse out to the foothills where the Birds of Prey is now located. Nothing was there back then and would ride the desert that is now Indian Hills golf course. Now if I was lucky enough that mom didn't see where I was headed when I went out then I would ride my horse down to Garden City and swim her in the Boise River. Oh what fun that was on a hot day. I would be on my horse from early morning till dinner time all summer long. That is how my girlfriend and I were able to start the first Liberty riding in Eh-capu was due to all the riding we did. My horse was my wheels because what were wheels back then!!!. I got my first car three months before graduation.

After I got to be 18, I could no longer be in Eh-Capu so I joined Western Riding Club. I still had no horse trailer so was never able to go on rides or anything but would do things at the club when they had playdays and things there as I could ride my horse there from my house. Back then they did square dancing on horseback that was really fun. Later I got married still had the old horse and my husband got a horse. That was back in the day when he was young and in love and wanted to

impress me. So, he got a horse too even though he secretly hated riding. After about 15yrs. I finally got a horse trailer and the children were big enough for me to be able to ride again. I have had a lot of horses over the course of my life. I have done some endurance riding, lots of trail riding and drill. I got Miss Friday's Fancy in La Fayette, OR. She is my Tenn. Walker. We were over visiting my in-laws and got bored so went horse hunting. I bought Fancy and took her back each spring for 3 years for 2 months training. She was a 2yr. when I bought her. I bought her from Jake Price whom some of you might know. He didn't own her he was just the middle man and trainer.

I really enjoyed the drill when Southern comfort used to drill but also enjoy the trail rides. . I have been in Southern comfort for about 8-10 years, I can't remember exactly.

I currently own three horses, Yobel 28yrs. is an Arab I have had her since she was 4yrs old, Morab September Surprise 22yrs. I raised her she is Yobel's baby, and Miss Fridays Fancy she is now 21yrs.

I am currently in the Posse-ettes and use Fancy for drill team. After I bought Fancy if my husband would go riding with me I would ask him what horse he was going to ride because at the time he had an appaloosa and he would tell me Fancy because she is so smooth.

My favorite horse would probably be Yobel, my Arab. Yobel in Arabic means resurrection. She was named that because the lady I bought her from lost her son the day Yobel was born. So, she always had a special feeling towards the horse. Yobel is white and 14 hands high and female. I had just lost my endurance horse so had gone to Shasta CA to get her ½ sister Yobel. The people that owned Yobel were located on the Pacific Northwest Trail so I took her out a ways on the trail. What a gorgeous trail.

Yobel managed to unload me and I came walking back to their house on foot as she ran back home. I bought her anyway and took her to a trainer.

She was very arrogant she did not want to be touched at all. You would bump her with your foot to go faster and she would pin her ears. If you tried to pet her over the fence, she would stay just far enough away that you couldn't touch her. Now, she loves to be petted doesn't mind if you kick her to go faster and has become a real lover. I think that she had made me a better person by learning to have patience and tolerance. She means a lot to me. She takes good care of me when we are riding. One time I was with the girls riding in the Sawtooths and we went across a large boulder that you couldn't see because there was gravel and pine needles on it. She slipped and spread all 4 legs out and held it till I stepped off then collected herself up. I think that my horses would say that I have taken very good care of them of have given them a wide range of things to do so that they never got bored with doing just one thing.

If I could ride anywhere, it would be in Tuscany. There are a bunch of us girls that would like to ride in Tuscany then do cooking at night with a chef that can teach us different dishes then take a cruise down to Pompei.

Thanks for asking about me and my horses.

Sue Baughman

Gait Clinic May 12

The gait clinic will be at Birt's Arena on May 12, 2013. 9:00-5:00.

Starting at 9:00 there will be a discussion on achieving gait and then individual sessions (appx 30 minutes per team) and open for auditing. During the noon break (bring your lunch) Dr. Pat Pence will do a presentation on Equine Dentistry and she will be available to check horse's mouths afterwards.

There will also be instruction on trail obstacles by Lawrance Valdez in the outdoor arena.

The schedule for the individual sessions will be:

11:00 Liana Kerting-Vick

11:30 Barb Recla

LUNCH

1:00 Mel Martin

1:30 Heidi Young

2:00 John Franden

2:30 Lois Murphy

3:00 Deb Haake

3:30 Teresa Ruth

4:00 Sue Harwell

4:30 Deena

5:00 Jan Gibson

5:30

If you would like to reserve a stall for that day please contact Sandy Young at [208 867 4084](tel:2088674084).

Calendar

May

- 4 IMO Zipper Lips, Hole in the Rock, Brunean/Grasmere Area
- 5 Mountain Bike De-Spooking Clinic, Western Riding Club, WRC Arena
- 11 Eagle Extreme, SWIT and DR, Eagle Foothills
- 12 Southern Comfort Playday and Gait Clinic, Al Birt Arena,
- 13 Club Meeting 6:30 Social and 7:00 Meeting, Sunrise Café, Middleton
- 18 Southern Comfort Trail Ride TBD
- 18 IMO Too Much Fun, Little Valley, Bruneau Area
- 18-19 Novice Idaho Mountain Trail Challenge, Thistle Creek Ranch, Wilder
- 19 Diabetes Trail Ride, Eagle Foothills
- 22 Southern Comfort Trail Ride TBD
- 24-26 Owyhee Fandango, Endurance Ride, Oreana, ID
- 30 Southern Comfort Trail Ride TBD

June

- 1 IMO Wildcat Springs Marsing Area, TBD
- 1-2 Open Idaho Mountain Trail Challenge, Thistle Creek Ranch, Wilder
- 8 Buckskin Challenge, SWIT and DR
- 8-9 Natural Horsemanship Clinic with Lawrance Valdez, Al Birt Arena
- 10 Club Meeting 6:30 Social and 7:00 Meeting, Sunrise Café, Middleton
- 15 Southern Comfort Trail Ride TBD
- 19 Southern Comfort Trail Ride TBD
- 22 IMO Jump Creek Marsing Area
- 24-28 Southern Comfort Trail Ride Camping Exploratory, McCall
- 27 Southern Comfort Trail Ride TBD

July

- 6 Southern Comfort Orienteering Ride, Horseshoe Bend, Info, Lois Murphy
- 8 Club Meeting 6:30 Social and 7:00 Meeting, Sunrise Café, Middleton
- 9-14 Southern Comfort Trail and Camping, McCall, Info Anne Martin
- 12-13 Eagle Fun Days
- 13 Southern Comfort Trail Ride TBD
- 17 Southern Comfort Trail Ride TBD
- 20 IMO Banner Creek, TBD
- 25 Southern Comfort Trail Ride TBD

August

- 6-10 City of Rocks, SWITandDR
- 12 Club Meeting 6:30 Social and 7:00 Meeting, Sunrise Café, Middleton
- 16-18 Southern Comfort Trail and Camping, Cowboy Campground, Idaho City
- 17 IMO Dry Buck Sweet Area TBD
- 21 Southern Comfort Trail Ride TBD
- 29 Southern Comfort Trail Ride TBD

September

- Aug 31-1 Old Selam, SWITandDR, Centerville, ID
- 7 IMO TBD
- 9 Club Meeting 6:30 Social and 7:00 Meeting, Sunrise Café, Middleton
- 14 Southern Comfort Trail Ride TBD
- 18 Southern Comfort Trail Ride TBD
- 21 IMO TBD
- 26 Southern Comfort Trail Ride TBD
- 28-29 Natural Horsemanship Clinic with Lawrance Valdez, Al Birt Arena

October

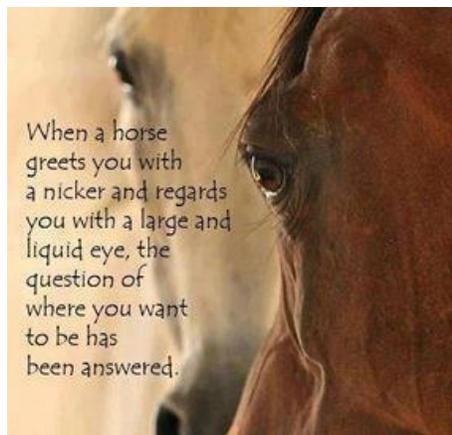
- Roughriders Poker Ride TBD
- Blazer Poker Ride TBD
- 6 Southern Comfort Poker Ride TBD
- 14 Club Meeting 6:30 Social and 7:00 Meeting, Sunrise Café, Middleton
- 19 Southern Comfort Trail Ride TBD
- 23 Southern Comfort Trail Ride TBD
- 31 Southern Comfort Trail Ride TBD

November

- 2 Playday, Al Birt Arena
- 11 Club Meeting 6:30 Social and 7:00 Meeting, Sunrise Café, Middleton
- 16 Southern Comfort Trail Ride TBD
- 20 Southern Comfort Trail Ride TBD

December

Christmas Party, TBD



Ouch!

The Hidden Danger of Old Tires

How old are the tires on your horse trailer and towing rig?

This is a lousy way to start a horse ride. The following quick tip can keep you and your horses rolling along



The problem is that tires, like any rubber product, degrade over time and could present a significant yet hidden safety risk regardless of tread depth.

Trailer tires 6 years and older can fail/blow out when traveling; also under inflated tires get hot at high speeds causing sidewalls to fail and separate from the tread. When getting a trailer or replacing tires on any vehicle insist on tires manufactured within the past year or so. Just because a tire hasn't been 'used' or put on a vehicle does NOT mean it is NEW.



Tires are manufactured with a date code, 4 digits long, which represent the week and year the tire was made (For example 3211 is the 32nd week of 2011 while 0598 is the 5th week of 1998). This code is on the tire usually in a circle or indented oval following the other sizing numbers and info on the tire. (The code could be located on the inside sidewall if the tire is already mounted on the vehicle...check for it. Your safety is well worth the extra effort!)

Contributed by Linda Hamilton

Mountain Bike De-Spooking Clinic

Sunday, May 5
Start 10:00 AM*



Do you avoid riding in the Boise foothills because there are too many mountain bikers? Teach your horse to tolerate mountain bikes through gradual desensitization

Your horse will be exposed to bikes in a low-stress environment. You can increase the intensity as he is ready for it. Here are some of the things your horse will experience:

- Parked bikes
- Bikes being walked nearby
- Bikes being ridden nearby
- Horse follows a moving bike
- Bike is ridden towards your horse, past your horse, etc.



WRC Arena
Cole/Amity
Behind Indian Lakes
Golf Course

Beautiful trails are available to horses in Avimor, Bogus Basin and the Owyhees.
Don't miss out because your horse can't tolerate bicycles!

\$30

Limited space, by appointment only. Start times at 10:00, 11:30 and 1:00 to avoid overcrowding. Clinic ends at 4:00. Call 629-9270 to sign up.

Helmetts Are Recommended For All Ages



Have you hugged your horse today?♥



Spring rides Eagle Foothills