



February, 2013

From our new President . . .

2013 Officers

President – Shawnda Kasma
Vice President – Phil Carroll
Secretary – Deb Haake
Treasurer – Margaret Carroll

Committees

Trail Rides –John Franden
Sunshine – Sue Harwell
Membership – Jan Gibson
Education and Clinics – Nya Bates, Sandy Young
Ways and Means – Shawnda Kasma
Newsletter– Margaret Carroll
Website –Margaret Carroll, Barb Recla
Liability Insurance – Nya Bates
Calendar – Deb Haake, Linda Hamilton

Dear Southern Comfort Gaited Horse Club Members:

This is my first message as your newly elected president. I would like to thank those of you who have entrusted your confidence in me to direct our club this year. Succeeding Sandy and Phil will be a hard act to follow. I am grateful to be stepping into their achievements and it will be important for the new officers and I to build upon those achievements. I look forward to the challenge of exchanging ideas on how our club can expand to meet the needs of our current members and attract new members.

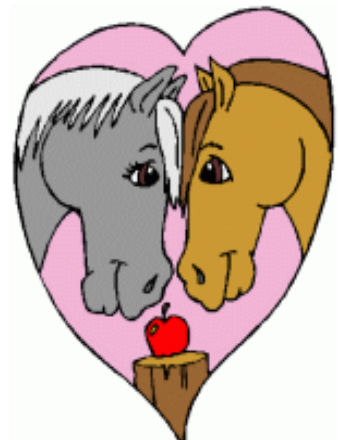
We will continue to keep you informed of our activities and events through our monthly newsletter, the website and our monthly meetings.

Your opinions, ideas and support are vital and, of course greatly appreciated. Let us make 2013 a year to remember!!!

***Remember, Life is Good - Horses
make it Better.***

Sincerely,

Shawnda Kasma



Next Meeting



Our February Meeting will be at Fuddruckers, 3421 N. Eagle Rd., Meridian, February 11, 2013. The room is reserved from 6-9 so come early to eat if you wish.

We had a wonderful turnout for our first meeting. Thank you all for coming and rejoining the club. For those of you who haven't joined, there's still time. The Application and Hold Harmless Agreement are included in this newsletter. Print it out and send it to me or better yet come to the next meeting and rejoin. Everyone must fill out the App and sign the HH so the club has a record each year.



Happy Birthday

February 8 – Heidi Young

February 24 – Phil Carroll

February 25 – Lois Murphy

February 27 – Sue Baughman

Mark Your Calendars

Treasure Valley Whips is having their annual Bombproofing & Desensitization Clinics on February 23rd and March 23rd. If you have not attended one of these fabulous events- you have missed out. This is a chance to expose your horse to all sorts of new and different things. You can either ride or walk through the course but be mindful of what you and your horse's abilities are. You have to be able to control your horse to keep you and others safe. I took a mare one year that I thought would be bothered by the Car Wash and the only item she even was hesitant on was the fog machine. Not the fog but the noise the machine made when it set out the fog. It was a great experience and I learned a lot of ideas I could use at home. Hope to see some of you there!!! Shawnda

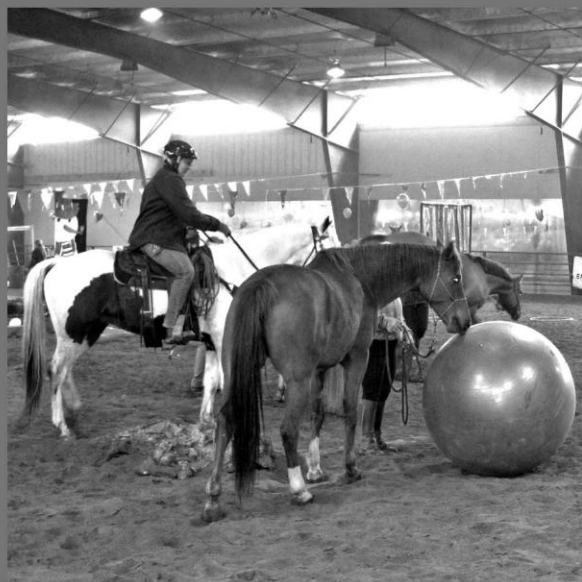
TREASURE VALLEY WHIPS CARRIAGE DRIVING CLUB

BOMBPROOFING & DESENSITIZATION PLAYDAY

FEBRUARY 23 & MARCH 23, 2013 10 AM-4 PM
AT THE AL BIRT ARENA

COME OUT AND ENJOY A DAY WITH YOUR HORSE! ALL EQUINES ARE WELCOME,
MINI TO DRAFT. YOU CAN LEAD, RIDE, OR GROUND DRIVE.
ASSISTANCE WILL BE AVAILABLE FOR THOSE WHO MIGHT NEED HELP.

DIFFERENT FOOTINGS...SUDDEN LOUD NOISES...TEETER-TOTTER...BRIDGES...
DEAD FALL...ROCKS...LLAMAS...SHEEP...MINI HORSES...BALLOONS...FLARES...
BICYCLE WITH RIDER...BACKPACKER...SKY DANCER...WATERFALL...BANNERS



POTLUCK LUNCH; BRING A DISH TO SHARE & ENJOY THE CHANCE TO VISIT!

THIS FUN EVENT IS SPONSORED BY THE TREASURE VALLEY WHIPS CARRIAGE
DRIVING CLUB, SO THERE WILL BE HORSES WITH CARTS AND WAGONS, TOO.

COST IS \$20.00 PER HORSE

CALL JAN AT 466-0133 FOR MORE INFORMATION,

VISIT OUR WEBSITE AT [HTTP://WWW.TREASUREVALLEYWHIPS.ORG](http://www.treasurevalleywhips.org)

THE TVW IS A NON-PROFIT ORGANIZATION PROMOTING THE SPORT OF CARRIAGE DRIVING.
WE SPONSOR PLAYDAYS, PLEASURE DRIVING SHOWS, ARENA DRIVING TRIALS, AND PLEASURE DRIVES,
AS WELL AS CLINICS WITH NATIONALLY ACCLAIMED TRAINERS.

ANYONE INTERESTED IN CARRIAGE DRIVING IS INVITED TO ATTEND;
WE WELCOME DRIVERS OF ALL ABILITIES, AS WELL AS EQUINES OF ANY TYPE OR SIZE.

Calendar

(A work in Progress)

February

11 Club Meeting 6:30 Social & 7:00 Meeting, Fuddruckers
23 Bombproofing Playday, Treasure Valley Whips, Al Birt Arena

March

11 Club Meeting 6:30 Social & 7:00 Meeting, TBD
23 Bombproofing Playday, Treasure Valley Whips, Al Birt Arena

April

6 Tough Sucker Endurance Ride, Oreana, ID
6-7 Natural Horsemanship Clinic with Lawrance Valdez, Al Birt Arena
8 Club Meeting 6:30 Social & 7:00 Meeting, TBD
19-20 Horse Expo, Nampa ID
27 Tough Sucker II Endurance Ride, Oreana, ID

May

12 Clinic, Al Birt Arena, TBD, Southern Comfort
13 Club Meeting 6:30 Social & 7:00 Meeting, TBD
19 Diabetes Trail Ride, Eagle Foothills
24-26 Owyhee Fandango, Endurance Ride, Oreana, ID

June

8 Buckskin Challenge, SWIT & DR
8-9 Natural Horsemanship Clinic with Lawrance Valdez, Al Birt Arena
10 Club Meeting 6:30 Social & 7:00 Meeting, TBD

July

8 Club Meeting 6:30 Social & 7:00 Meeting, TBD
12-13 Eagle Fun Days

August

6-10 City of Rocks, SWIT&DR
12 Club Meeting 6:30 Social & 7:00 Meeting, TBD

September

Aug 31-1 **Old Selam, SWIT&DR, Centerville, ID**
9 **Club Meeting 6:30 Social & 7:00 Meeting, TBD**
28-29 **Natural Horsemanship Clinic with Lawrance Valdez, Al Birt Arena**

October

5-6 **Southern Comfort Poker Ride TBD**
14 **Club Meeting 6:30 Social & 7:00 Meeting, TBD**

November

2 **Playday, Al Birt Arena**
11 **Club Meeting 6:30 Social & 7:00 Meeting, TBD**

December

Christmas Party, TBD

Please send me any dates for the calendar of events going on with clubs in the area. I will add them to this calendar and the website. Thank You.

A letter from Outgoing President Sandy Young

Well 2012 was a year that moved fast, or so it seemed, and hard to believe it's behind us. I am glad I was able to have the opportunity to be the club's president and hope that I was able to provide some leadership that has helped to move the club forward and open doors for our members to grow as horseman and learn about our gaited horses and have some fun together along the way. I look forward to contributing in the future again when I have some more time to apply myself to it. I also want to be sure to thank the other officers and members who were my support team and who made it possible for me to even think I was doing something for the club. I especially want to be sure to extend a huge thank you to Margaret. You do soooooo much behind the scenes that is truly the backbone of this club. I hope others appreciate you as much as I do.

So now we have a new leader who has some great energy, ideas and experience to bring to the club. It'll be exciting to see what happens during the next year. Please give Shawnda your full support and by all means, anytime you have any ideas or feedback about anything, let us know. The current membership and their interests is what will set the direction of the club. Attend the meetings and get involved whenever you can. Whether you like to do alot or just a little bit, the contribution of your energy and enthusiasm is an important part of what makes this club fun and capable of doing some wonderful things for our members and community.

*See you on the trail or the rail,
Sandy Young*

Southern Comfort Gaited Horse Club

Check One:

_____New Membership

_____Membership Renewal

Name (print)_____Home Phone_____Cell Phone_____

Address_____City/ST/Zip_____

Email Address_____Birthday (month/day, Optional)_____

Emergency Contacts_____

Life Flight Member Yes_____No_____If yes, which Provider_____

Veterinarian Name and Phone Number_____

Your Horse's Name_____Breed_____

What kinds of equestrian events are you interested in:_____

I agree to comply with Club By Laws and will help promote the Southern Comfort Gaited Horse Club. I understand that the officers of the Club shall make all final decisions on Club policies. I understand as a member I may request to review club records and policies.

Please note the club calendar of events is published on the web site www.gaitedhorseclub.com

Signature of Applicant_____Date_____

Signature of Parent/Guardian if under 18 years of age_____Date_____

Please fill out Hold Harmless Agreement.

RELEASE AND WAIVER OF CLAIMS

Effective Calendar Year _____

NOTICE: This Document is a Legally Binding Contract Limiting Your Rights to Recover for Injury or Loss!

Nothing in this agreement is intended to limit the effect or replace the limitation of liability provided by Idaho's Equine Activities Immunity Act, Idaho Code 6-1801 et. Seq. This agreement is intended to extend greater protection to Southern Comfort Gaited Horse Club. By signing this document you waive your rights to bring any legal claim to recover compensation or obtain any other remedy for injury or death to yourself, your spouse, your children, or others for the loss or damage to property, however caused, arising out of the negligent or other tortuous acts of the officers or agents listed below, now or at any time in the future, caused by their actions or failure to act, or otherwise. You also agree to protect, defend, and indemnify the officers or agents listed below against all claims for injuries you caused to others in connections with any of their activities.

1. Definitions. Herein "SCGHC" means Southern Comfort Gaited Horse Club, its officers, agents, activity coordinators, activity leaders;

"I" means the undersigned individual, all heirs, and the members of their family, including any minors whether or not accompanying the individual, and the personal representative, executors, and administrator of the individual.

2. Release and Waiver of all Claims and Covenant not to Sue. In consideration of participation in the activities of SCGHC by me, by my spouse, children and other dependents, I irrevocably waive and release SCGHC and the owners of all facilities, equipment, and land used in SCGHC activities from, and WAIVE MY SUBSTANTIAL RIGHT TO ASSERT ANY CAUSE OF ACTION, CLAIM OR DEMANDS OF ANY NATURE WHATSOEVER, including but not limited to, any claim of negligence, which I may have or acquire in the future against SCGHC on account of personal injury, property damage, death, or accident of any kind, arising from my involvement in SCGHC activities, however the injury or damage is caused, including, but not limited to, the negligence of SCGHC. I contractually release SCGHC and agree to hold SCGHC harmless from any and all liability for any claims, demands, damages, actions, causes of actions or suits of any kind or nature whatsoever, which result or may result in the future from activities sponsored by SCGHC or coordinated by SCGHC members. This release applies to all SCGHC activities in the future in which I may participate. This release shall be effective and apply to all my heirs and the members of my family, including any minors, whether or not they accompany me and my personal representative, executors and administrators.

3. Legal Actions Limitation. If SCGHC has to take legal action in relation to this Agreement, and SCGHC is successful in the action, the unsuccessful party shall pay SCGHC, in addition to all sums that the unsuccessful party may be called on to pay, a reasonable sum for SCGHC's attorney's fees and court costs. This Agreement shall be governed by and construed in accordance with the laws of the State of Idaho. Venue for any dispute or litigation arising out of this Agreement shall be in ADA County, Idaho District Court. Any modification of this Agreement or additional obligation assumed by either party in Connection with this agreement shall be binding only if in writing signed by each party or authorized representative of each party. There shall be no oral amendment or modification of this Agreement.

4. Acknowledgment of Risk. I hereby acknowledge and agree that activities of SCGHC are frequently inherently dangerous and have a high degree of risk. I acknowledge that by execution hereof, I am waiving and releasing all claims against SCGHC for any injury whatsoever. I agree to participate as a common adventurer, being personally responsible for my own safety and not looking to any others to protect me from harm.

5. Statement of Capacity and Understanding. I will not undertake any activity of SCGHC without becoming fully aware of the nature and extent of the risks inherent therein. By participation, I am voluntarily assuming the risks. I will not engage in the activities unless I am in good health and have no physical limitations, which could preclude my safe participation. I understand I am responsible for my own instruction in safety and providing for my own safety. I am of lawful age (18 years or older) and other wise legally competent to sign this agreement. I understand that the terms of this agreement are contractual and legally binding. By signing this agreement, I acknowledge that I have carefully read this agreement, and sign of my own free will.

XSignature _____ Date _____

Print Name _____

If above named individual is under 18 years of age: Parent or Guardian Consent: I as parent or guardian of the above named minor under 18 years of age, hereby consent to the terms and conditions set forth in this Release and Waiver of Claim form. I authorize his or her signing it, and covenant not to sue. If any provision or provisions of this Agreement shall be held to be invalid, illegal, unenforceable or in conflict with law of any jurisdiction, the validity, legally and enforceability of the remaining provisions shall not in any way be affected or impaired thereby.

XSignature _____ Date _____

Print Your Name _____

Some of you may have gotten this email from Sue but wanted you to read it again so you could be aware of this kind of problem.

Dear Horse Buddies,

Sun's Merry Cimarron is back from his stay at the Idaho Equine Hospital after becoming totally lame. This process didn't happen overnight.

I with the help of my sponsor Lori Moore who encouraged me to take him to the lameness specialist there did so. Dr. Shoemaker had to deaden his right front foot and then work his way up. Since the showing season, Cimarron had trouble holding his right lead and I thought it was his back or his hip or his hock or something other than his front end.

The diagnosis was "incorrect" long term shoeing, shortening his stride and eventually causing the bones of the foot to pile on top of each other due to the angle of the foot being to far slung back instead of at an upright position.

I am writing this to all performance horse owners to please choose your farriers carefully. Incorrect shoeing over time can change the positions of the bones in the foot, cause tendon and soft tissue damage.

Cimarron is now boarded at Triple R Stables with his front feet built up in pads and aluminum egg-bar shoes with a long recovery a head and a very expensive avoidable lesson.

Sincerely,
Sue Harwell and
Sun's Merry Cimarron



Know what to do if colic hits during a trail ride?

Colic is something we horse owners do not mess around with. But what happens if your horse colics on a trail ride? Do you know what to watch for, or what to do?

Colic – What to Watch For:

Pawing, kicking at belly, and/ or attempting to lie down.

Excessive sweating (more than normal for the level of exercise, or while at rest).

Teeth grinding; repeated curling of upper lip.

Resting heart rate over 40 beats per minute (BPM); resting respiration rate over 20 breaths per minute. Note: For the purposes of this article, “resting” means about 30 minutes after stopping your trail journey.

Colic – What’s Happening:

Abdominal pain, resulting from gas accumulation in the intestine; feed impaction; or an intestinal twist or displacement.

Colic – What to Do:

Step 1: Check your horses’ vital signs; resting heart and respiratory rates; capillary refill time; and gut sounds. Note: A heart rate over 60 BPM, respiration rate over 30 breaths per minute, dark red/ purplish gums, and/ or lack of gut sounds indicate a moderate to severe colic—send your trail buddy to summon veterinary help.

Step 2: Administer a dose of Banamine. Note: Remember to tell your vet exactly what you’ve given your horse, because many drugs, including Banamine, mask symptoms. If, despite the Banamine, your horse’s pain causes him to roll, administer a dose of xylazine/butorphanol (prepared beforehand by your vet). This sedative may help control the pain for up to 30 minutes, but also will make moving your horse more difficult because he’ll be unsure on his feet, and unresponsive. Warning: Never administer Acepromazine to a colicky horse. This medication can cause a detrimental drop in blood pressure.

Step 3: Slowly lead your horse home, or back to your trailer. (When hauling, stop every 15 minutes to make sure he’s still on his feet.) Call your vet when you reach home. If your horse is unable to walk, immediately send your trail buddy to summon veterinary help.

Colic – Risk Factors:

Stress: A trail ride can be a stressful “lifestyle change” if your horse doesn’t leave home often. Both psychological and physical stress can lead to abnormal gut movement, which alters the passage of food and gas through the intestinal tract.

Diet change: Any sudden change in your horses’ at-home diet can negatively affect his gut. For instance, more than an hour’s grazing time, if he’s not been previously exposed to grass, can lead to excess gas production and abnormal gut movement.

Dehydration: If your horse doesn’t drink, he’ll become dehydrated, and his intestines will dry out, making it difficult for them to move food along in a normal manner.

Colic – Preventative Measures:

Gradually acclimate your horse to life on the trail. Start by exposing him to short (under 1 hour), easy trail rides, gradually increasing duration/ difficulty over a period of weeks.

Gradually introduce new feed the week before your trail ride. Let your horse graze for no more than 1 hour at first, then add 15 to 20 minutes of grazing time each day. Warning: If your horse colics after exposure to grass, limit his roughage to hay.

Offer your horse water a minimum of every 2 to 3 hours. If he refuses to drink after 3 hours, you’d best head for home.



"Do you like the flowers?"

"Yes, they're delicious!"